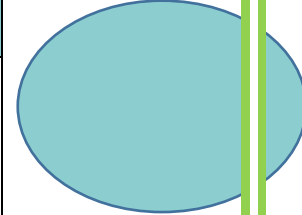


# ST JOSEPHS PS MENU

WATER AND MILK

SELECTION OF FRESH FRUIT AVAILABLE



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> 3/1/22 31/1/22 28/2/22 7/3/22 4/4/22 2/5/22 30/5/22 27/6/22	Pasta Bolognese Grated Cheese Sweetcorn Crusty Bread Tossed Salad  Ice Cream, Pears & Chocolate Sauce	Oven Baked Sausages Baked Beans Or Mixed Veg Tossed Salad Mashed Potato  Homemade Rice Pudding and Mandarin oranges	Roast Turkey Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Dry Oven Roast Potatoes Mashed Potato  Sponge cake and Custard	Breast of Chicken Curry with Boiled Rice, Naan Bread  Garden Peas Tossed Salad  Carrot cake & custard	Oven Baked Breaded Fish Tartare Sauce  Sweetcorn and Peas Crunchy Coleslaw Vegetable Couscous Chips  Flakemeal Biscuit or Melon Slice
<b>WEEK 2</b> 10/1/22 7/2/22 14/3/22 11/4/22 9/5/22 6/6/22	Spaghetti Bolognese Grated Cheese Sweetcorn Crusty Bread  Homemade Rice Pudding & Peaches	Breaded Cod Fingers with lemon slice, Tartar Sauce Baked Beans or Mixed Veg Mashed Potato  Apple Crumble & Custard	Roast Turkey Herb stuffing, gravy, Cauliflower cheese, Fresh Baton Carrots Dry roast potato, Mashed Potato  Jelly Ice Cream and Fruit	Breast of Chicken Curry with Boiled Rice, Naan Bread  Garden Peas Tossed Salad  Homemade Shortbread & Fruit Salad	Oven Baked Chicken Goujons Tossed salad, Salsa Dip Sweetcorn Chips Baked Potato  Melon Slice and Fruit Salad
<b>WEEK 3</b> 17/1/22 14/2/22 21/3/22 18/4/22 16/5/22 13/6/22	Savoury Mince & Onion Fresh Baton Carrots Broccoli Florets Mashed Potato  Chocolate Sponge and Custard	Breaded Cod Fish Fingers Baked Beans Mixed Vegetables Mashed Potato  Apple crumble & Custard	Hotdog or Salmon Fish Cake Carrot Sticks Sweetcorn Garlic Dip Chips or Baked Potato  Flakemeal Biscuit and Mandarin Orange Segments	Roast Turkey Herb Stuffing Cranberry Sauce, Gravy Fresh Baton Carrot and Peas Dry Oven Roast Potatoes Mashed Potato  Homemade Rice Pudding & Pears	Breast of Chicken Curry with Boiled Rice, Naan Bread garden peas Tossed salad  Raspberry Ripple Ice Cream and Fruit Salad
<b>WEEK 4</b> 24/1/22 21/2/22 28/3/22 25/4/22 23/5/22 20/6/22	Pasta Bolognese Grated Cheese Crusty Bread Sweetcorn Tossed Salad  Flakemeal Biscuit and Fruit	Breaded Cod Fish Fingers & lemon slice Tartare Sauce Baked Beans or Mixed Veg Mashed Potato  Chocolate Sponge Cake and Custard	Roast Beef Herb Stuffing Gravy Cauliflower with Cheese sauce Fresh Baton Carrots Dry Oven Roast Potatoes Mashed Potato  Apple & Pear Crumble & Custard	Cheese & Tomato Pizza Crunchy Fresh Coleslaw Tossed salad Pasta Salad Baked Potato Chips  Raspberry Frozen Mousse and Fruit Salad	Breast of Chicken Curry with Boiled Rice, Naan Bread Garden Peas  Lemon Sponge & Custard

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*Breads  
Milk, Water  
Fresh Fruit,  
Yoghurt  
Available Daily*

*Selection of salads  
available daily*

*If You Require  
Any Additional  
Information on  
Allergens or  
Special Diets  
Please Contact  
the School to  
complete a  
Special Diets  
Application Form*

