

# St Josephs Carryduff

**school  
food**

Try Something New today  
www.schoolfoodni.com

**Bread, fruit,  
yoghurt, milk and  
water  
are available daily.**

If you require any  
additional information  
on allergens or  
special diet please  
contact the school in  
the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b> <b>W/C:02:09:19</b> <b>W/C:30:09:19</b> <b>W/C: 04:11:19</b> <b>W/C: 2:12:19</b>	Oven Baked Pork Sausages Baked beans Mashed potato Ham & cheese baguette  Cheese & crackers fresh fruit	Vegetable soup/crusty bread Beef burger/bap Coleslaw/salad Tuna wrap  Frozen fruit yoghurt Fresh fruit	Salmon Fish bites Peas/sweetcorn Chips/mashed potato BBQ chicken wrap Savoury rice  Flakemeal biscuit Fresh fruit	Roast chicken & stuffing Carrots/broccoli/gravy Oven roast/ mashed potato  Strawberry jelly & fruit Vanilla ice cream	Pasta Bolognaise Mixed vegetables Mashed potato Tomato & vegetable pasta  Fruit sponge & custard
<b>Week Two</b> <b>W/C: 09:09:19</b> <b>W/C: 07:10:19</b> <b>W/C: 11:11:19</b> <b>W/C: 9:12:19</b>	Savoury mince beef Steamed carrots Mashed potato Cheese & tomato pizza  Flake meal biscuits Fresh fruit & milkshake	Cod fish fingers Sweetcorn Salad/coleslaw Chips/baked potatoes Cheese tomato wrap  Fruit crumble & custard	Cottage pie Baked beans Mashed potato Chicken pasta bake  Fruit muffin with milk Fresh fruit	Roast gammon & gravy Broccoli Oven roast & mashed potato  Selection of yoghurts Fresh fruit salad	Mild chicken curry & rice Naan bread Peas/sweetcorn Babay boiled potatoes Chicken casserole  Chocolate sponge & custard
<b>Week Three</b> <b>W/C:16:09:19</b> <b>W/C: 14:10:19</b> <b>W/C: 18:11:19</b> <b>W/C: 16:12:19</b>	Pasta bolognaise Peas Baby boiled potatoes Ham and cheese baguettes  Creamy rice pudding Fresh fruit salad	Lentil soup/crusty bread Hotdogs Side salad/coleslaw Tuna wrap  Strawberry mousse Fresh fruit	Breaded fish Baked beans Mashed potato Chips Chicken mayo wrap  Arctic roll & fresh fruit Fresh fruit	Roast turkey in gravy Stuffing Baton carrots Oven roast & mashed potato  Jam & coconut sponge custard	Chicken breasts Gravy Steamed broccoli Mashed potato Chicken curry & rice  Raspberry jelly & fruit cocktail
<b>Week Four</b> <b>W/C: 23:09:19</b> <b>W/C: 21:10:19</b> <b>W/C: 25:11:19</b>	Chicken nuggets Baked beans/coleslaw Chips/Baked potatoes  Cheese & Ham wrap Selection of yogurts Fresh fruit salad	<b>Cod fish fingers</b> Sweetcorn Mashed potato Macaroni cheese  Shortbread biscuit, fruit Milkshake	Beef curry & rice Savoury minced beef Mixed vegetables Baby boiled potatoes  Chocolate sponge & custard	Roast turkey & gravy Stuffing Broccoli & cauliflower Oven roast & mashed potato  Vanilla ice cream with pears & chocolate sauce	Beef burger in gravy Carrots/peas Mashed potato Lasagne/salad Wheaten bread  Flakemeal biscuit, fruit

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