

# St Josephs Carryduff Menu 2020

**school  
food**

Try Something New today  
www.schoolfoodni.com

**Bread, fruit,  
yoghurt, milk and  
water  
are available daily.**

**If you require any  
additional information  
on allergens or  
special diet please  
contact the school in  
the first instance**



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b>	Oven Baked Pork Sausages	Vegetable soup/crusty bread	Salmon Fish bites	Roast chicken & stuffing	Pasta Bolognaise
6.01.20	Baked beans	Beef burger/bap	Peas/sweetcorn	Carrots/broccoli/gravy	Mixed vegetables
3.02.20	Mashed potato	Vegetable sticks, Cous cous	Chips/ Baked Potatoes	Oven roast/ mashed potato	Mashed potato
2.03.20	Ham & cheese baguette	Salad Roll	Chicken Curry & Rice		Tomato & vegetable pasta
30.03.20					
27.04.20					
25.05.20	Cheese & crackers	Frozen fruit yoghurt	Flakemeal biscuit	Strawberry jelly & fruit	
22.06.20	fresh fruit	Fresh fruit	Fresh fruit	Vanilla ice cream	Fruit sponge & custard
<b>Week Two</b>	Savoury mince beef	Cod fish fingers	Cottage pie	Roast Gammon & gravy	Mild chicken curry & rice
13.01.20	Steamed carrots	Sweetcorn	Baked beans	Broccoli	Naan bread
10.02.20	Mashed potato	Vegetable sticks, salad	Chicken pasta bake	Oven roast & mashed potato	Peas/sweetcorn
9.03.20	Cheese & Tomato pizza	Chips/baked potatoes			Mashed potatoes
6.04.20		Plain Omelette			Chicken casserole
4.05.20					
1.06.20	Flake meal biscuits		Fruit muffin with milk	Selection of yoghurts	
29.06.20	Fresh fruit & milkshake	Fruit crumble & custard	Fresh fruit	Fresh fruit salad	Chocolate sponge & custard
<b>Week Three</b>	Pasta bolognaise	Lentil soup/crusty bread	Breaded fish	Roast turkey in gravy	Chicken breasts
20.01.20	Peas	Hotdogs	Baked beans	Stuffing	Gravy
17.02.20	Baby boiled potatoes	Side salad/ Vegetable sticks	Mashed potato	Baton carrots	Steamed broccoli
16.03.20	Ham and cheese pannini	Tuna wrap	Chips	Oven roast & mashed potato	Mashed potato
13.04.20			Chicken mayo wrap		Chicken curry & rice
11.05.20					
8.06.20	Creamy rice pudding	Strawberry mousse	Arctic roll & fresh fruit	Jam & coconut sponge	Raspberry jelly & fruit
	Fresh fruit salad	Fresh fruit	Fresh fruit	custard	cocktail
<b>Week Four</b>	Chicken nuggets	<b>Cod fish fingers</b>	Beef curry & rice	Roast turkey & gravy	Beef burger in gravy
27.01.20	Baked beans/coleslaw	Sweetcorn	Cheese & Tomato Pizza	Stuffing	Carrots/peas
24.02.20	Chips/Baked potatoes	Mashed potato	Mixed vegetables	Broccoli & cauliflower	Mashed potato
23.03.20		Macaroni cheese	Baby boiled potatoes	Oven roast & mashed potato	Lasagne/salad
20.04.20	Cheese & Ham wrap				Wheaten bread
18.05.20	Selection of yogurts	Shortbread biscuit, fruit		Vanilla ice cream with pears	
15.06.20	Fresh fruit salad	Milkshake	Chocolate sponge & custard	& chocolate sauce	Flakemeal biscuit, fruit

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